Career Life Education 10 - Unit 2

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Block: \_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_

Congratulations on the completion of Unit 2 in CLE 10 - I hope you learned some things about yourself in this unit, as I have learned a lot about each of you!

Throughout the unit we have worked on the following **Core Competencies**:

* *Communication*: explain/recount and reflect on experiences as well as developing oral presentation skills, effective communication skills in conflict.
* *Critical and Creative Thinking*: personal values around honesty, mental health journal from point of view of someone with a mental health disorder
* *Social Responsibility*: Investigation of mental health struggles, solving problems in peaceful ways

The time has come to collaboratively assess your progress for the term. Please complete this assessment and attach it to the following term assignments:

* Mental Health Presentation
* Mental Health Paragraph
* Dealing with Stress Assignment
* Honesty Worksheet
* Communication Assignment
* Unit Reflection (on the second page)

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|  | **Excelling** | **Achieving** | **Developing** | **Beginning** | **Incomplete** |
| **Thoughtfulness and Observations** | Evidence shows **exemplary** examples of thoughtfulness and observations | Evidence shows **good** examples of thoughtfulness and observations | Evidence shows the **development** stages of thoughtfulness and observation | Evidence is in the **beginning** stages of showing thoughtfulness and observation | Evidence is **not handed in** / complete |
| **Organization and Completion** | **All** projects from the unit are complete as outlined | **Many** projects from the unit are complete as outlined | **Some** projects show attempts at being completed | **Few** attempts were made to complete the unit requirements | **No** attempt has been made to complete the unit requirements |
| **Critical Thinking** | Content is rich, insightful analysis is evident, **clear connects are made** between the assignments and self-concept | **Substantial evidence** of analysis has been shown between the assignments and self-concept | The **developing stages of analysis** between the assignments and self-concept is shown | The **beginning stages of connections** are shown between the assignments and self-concept  | **No evidence** of analysis or connections made between the assignments and self-concept |
| **Unit Reflection** **(fill out once the unit reflection on the second page is finished)** | Unit reflection shows **exemplary evidence** of communication and personal awareness | **Admirable evidence** of communication and personal awareness is shown in the unit reflection | Unit reflection shows the **development of evidence** of communication and personal awareness | Unit reflection shows the **beginning stages** of communication and personal awareness  | Unit reflection is **not complete** |

Unit Reflection

Now that you have completed your self-evaluation of your progress this term, please write a paragraph to reflect on your evaluation using at least three specific examples from your work. Why did you give yourself the marks you did? Try to connect to your ability to communicate your ideas effectively, both orally and in written form. How are you meeting the core competencies (communication, critical and creative thinking, and personal and social growth?)

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Teacher Comments:

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