Values Reflection

Thoughtfully reflecting on your current values will help guide you when exploring career options. Write a response to the activity you just completed by answering the questions below.

* What are your top five values that will inform your career decision?
* Do you think these would change if you were raised by a different family?
* Where do you think these values came from?
* Why are these values important to you?
* What kinds of careers do you think would fit well with your top values?
* How important is it to you to not compromise these values when choosing a career?