**Welcome to Careers 10**

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Welcome to this course! This course is designed as a 2-credit required course where we meet every other day and help prepare you for life beyond high school. This includes helping you discover what your strengths are, areas for growth, what jobs are in demand, what jobs you may want to do, and what you will have to do to get there. We also want you to leave school with a commitment to lifelong learning and with skills on how to balance the stresses in your life. We will work through five modules in this course:

Module 1: Career Life Choices - Career-life choices are made in a recurring cycle of planning, reflecting, adapting, and deciding.

Module 2: Career Life Decisions - Career-life decisions are influenced by internal and external factors, including local and global trends.

Module 3: Networks and Relationships - Cultivating networks and reciprocal relationships can support and broaden career-life awareness and options.

Module 4: Work-Life Balance - Finding balance between personal and work life promotes well-being.

Module 5: Life-long Learning - Lifelong learning fosters career-life opportunities.

How you will be marked:

Participation: 15%

Self Assessment: 15%

Projects and Assignments: 70%

This course will require access to two different online platforms, myBlueprint and Canvas. We will get set up with this as a class.

Websites are: <https://www.myblueprint.ca/>

<https://comoxvalleyschools.instructure.com>

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